



ALZHEIMER'S AND RELATED
DISORDERS SOCIETY OF INDIA



ARDSICON
20-21 NOVEMBER 2021
VIRTUAL CONFERENCE

DEMENTIA CARE IN FAMILY & COMMUNITY

Building resilience & hope



National Virtual Conference | 20th – 21st November 2021
Organized by ARDSI Hyderabad Deccan Chapter



PROGRAM SCHEDULE

Day 1 (20th November)

10:00 - 10:30

Inauguration

Opening: **Dr Suvarna Alladi**, NIMHANS, ARDSI Hyderabad

Welcome: **Dr Chandrasekhar K**, President ARDSICON 2021

Lamp Lighting

Address by Chairperson ARDSI: **Meera Pattabiraman**

Address by Guest of Honor: **Paola Barbarino**, CEO, Alzheimer's Disease International

Address by Chief Guest: **Dr Meenakshi Sharma**, ICMR

Vote of Thanks: **Shashidhar K**, ARDSI Hyderabad



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Time	Session	Chair	Speaker	Topic
10:30 - 11:00	Key note	Prof Subhash Kaul, Krishna Institute of Medical Sciences Hyderabad	Meera Pattabiraman, ARDSI Chairperson	Moving towards a Dementia Friendly India: ARDSI perspective
11:00 -11:20	Dementia Diagnosis	Dr Mathew Varghese, NIMHANS and ARDSI Bangalore	Dr Manjari Tripathi, AIIMS and ARDSI Delhi	Addressing Diagnostic Dilemmas for Dementia
11:20 -11:30	Break			
11:30 - 12:30	Caregiver Support	Dr Priya Thomas, NIMHANS	Swapna Kishore, Bangalore Vidya Shenoy, ARDSI Mumbai Bhavana Issar, Caregiver Saathi	When does a caregiver need and seek support? Impact of support groups on reducing carer burden Promoting health and well-being of caregivers Discussion
12:30- 13.30	Home based care for dementia	Dr Mani Tolety, ARDSI Hyderabad Nishi Pulugurtha, ARDSI Calcutta	Venkat Ram Sharma, Hyderabad Bala T S, ARDSI Hyderabad Dr Amit Dias, ARDSI Goa	Home care: Is it a choice or compulsion Organizing home care: Guidance to family carers Guidelines to developing home care services Discussion
13:30 -14.00	Lunch Break			



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Time	Session	Chair	Speaker	Topic
14.00-14.30	Free paper Presentations	Dr Najamus Saquib, Asha Hospital Dr Faheem Arshad, NIMHANS	Ramani Sundaram	Implementation and feasibility of tele-consultation services for dementia during COVID-19
			Chandana K	Mobile Active Ageing: a multi-domain outreach intervention program to reduce dementia risk factors in the elderly living in old age homes.
			S. Revathi	Challenges in Conducting Dementia Research in Urban Communities
			Bhaweshwar Singh	Dementia Risk Reduction as a tool of Disease Burden Minimisation
			Vasundhara S Nair	Social Work interventions for Carers in Dementia : Lessons learnt
14:30 - 15:45	Role of ARDSI in facilitating and providing care	Dr Chandrasekhar K, Asha Hospital and ARDSI Hyderabad	Dr Sudhir CT, ARDSI Kottayam	A Facilitator of Care
			Dr Robert Mathew, ARDSI Thiruvananthapuram	A Provider of Care
			Dr Radha Murthy, Nightingales Medical Trust and ARDSI Bangalore	Panel Discussion
			Nilanjana Maulik, ARDSI Calcutta	
			Dr Ninan Kurian, ARDSI Kottayam	
15:45 – 16:00 Break				



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Time	Session	Chair	Speaker	Topic
16:00 – 17:00	Management of Dementia	Dr R. Sathianathan, ARDSI Chennai	Dr Atanu Biswas, Bangur Institute of Neurology, Kolkata	Recent advances in medical management of Alzheimer's Dementia
		Dr Vinod Kumar, ARDSI Delhi	Dr Sridhar Vaitheswaran, SCARF, Chennai	Non-pharmacological interventions for dementia
			Dr Farzana Mulla, Jehangir Hospital, Pune	Cognitive rehabilitation for dementia
				Discussion
17:00 – 18:00	Daycare Services	Dr Prabha Adhikari, Professor and HOD Geriatric Medicine Yenepoya University, Mangalore	Nilanjana Maulik, ARDSI Calcutta	Guidelines for developing Day Care services for dementia
		Saadiya Hurzuk, ARDSI Hyderabad	Dr S Shaji, ARDSI Cochin	Factors influencing utilization of daycare services in the Indian context
				Discussion





PROGRAM SCHEDULE

Day 2 (21st November)

Time	Session	Chair	Speaker	Topic
9:30 to 10:30	Novel Initiatives for Dementia	Dr Mathew Abraham, ARDSI	Prem Kumar Raja, Nightingales Medical Trust and ARDSI Bangalore	Covid and Dementia: Role of technological solutions
		Dr KS Shaji, Government Medical College, Thrissur	Dr Girish N Rao, NIMHANS	Dementia awareness in an urban community in Bangalore
			Major KP Gopalakrishnan (Rtd) ARDSI National office	Kerala State Initiative on Dementia
10.30-10.45	Break			
10.45 – 11.45	Opportunities and challenges for providing dementia services	Shashidhar K, ARDSI Hyderabad	Dr M. R. Rajagopal, Pallium India,	Panel Discussion
		R Narendhar, ARDSI National Office	Dr Bhaweshwar Singh, ARDSI Darbhanga	
			Dr HK Laldinpuii, ARDSI Mizoram	
			Amar Mahapatra, ARDSI Bhuvaneshwar	
			Prem Kumar Raja, Nightingales Medical Trust and ARDSI Bangalore	
	Sailesh Mishra, Silver Innings, Mumbai			
11.45 – 12.00	Break			



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12.00 – 13.30	Advocating for Dementia	Dr Suvarna Alladi, NIMHANS, ARDSI Hyderabad	Wendy Weidner, Alzheimer's Disease International	The need for collaboration with key policy stakeholders
			Emily Ong, Member of Dementia Alliance	Effective inclusion of person with dementia
			Dr Hanumanth Joshi, ARDSI Mysore	Using diverse platforms to raise dementia awareness
			Dr Yogesh Kalkonde, SEARCH	Raising awareness among rural communities in India
			Dr Mina Chandra, Dr. Ram Manohar Lohia Hospital, Delhi	Supporting development of dementia related policies
				Discussion
13:30– 14:00	Lunch break			





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14.00 – 15.00	Free Paper Presentations	Prof Subhash Kaul, Krishna Institute of Medical Sciences, Hyderabad Dr Amitabha Ghosh, Apollo Hospitals, Kolkata	Dr. Sheetal Goyal	Special tests in cognition for Neurodegenerative Dementia
			Chippy Sebastian	Online psychosocial intervention for people living with dementia during the COVID-19 pandemic
			Wg Cdr D.P Sabharwal	She is Not Doing on Purpose
			Muskan Khetan	Quantified Multimodality MR Imaging Biomarkers for Diagnosis of cognitive impairment in elderly patients
			Siddhi R Sagade	Caregiver burden, psychological resilience and well-being among informal caregivers of patients with dementia in South and West regions of India
			Megha Tiwari	Impact of COVID-19 on Dementia Severity
			Asha D Souza	Psychosocial Impact of COVID-19 Long term care home restrictions on Visitors and Residents with Dementia
			Dr Priya Thomas	Home Environment Adaptations in Dementia: Implications for social work practice
			Gautam Makwana	Dementia Care in Family and Community – Building Resilience and Hope
Aarthy	Dementia prevention in the elderly: Online physical, cognitive and social interventions to reduce modifiable dementia risk factors			



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15:00 – 16:00	Residential Care for Dementia	Meera Pattabiraman, ARDSI Chairperson Jayeeta Rajagopalan, NIMHANS	Dr Radha Murthy, Nightingales Medical Trust and ARDSI Bangalore Roney George, Chaitanya Institute for Mental health, ARDSI Pune	Residential Care Model for dementia Establishing standards of care for residential services for dementia Discussion
16:00 – 16:15	Break			
16.15 – 16:45	Keynote address	Dr PT Sivakumar, NIMHANS, ARDSI Bangalore	Dr K Chandra Sekhar, Asha Hospital, ARDSI Hyderabad	Collaborative care planning for dementia in a diverse and fragmented health-care delivery system
16:45 – 17.15	Plenary session	Dr Jaydip Ray Chaudhuri, Yashoda Hospitals, ARDSI Hyderabad	Adelina Comas Herrera, London School of Economics	Strengthening dementia care through research
17.15 – 18:00	Summing up and Valedictory			

