

1 Physical inactivity



2 Smoking



3 Excessive alcohol consumption



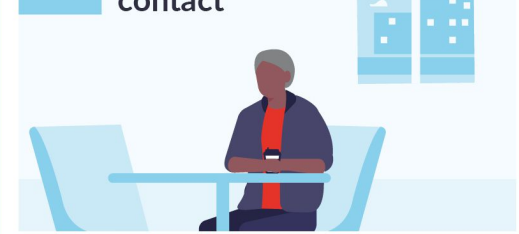
4 Air pollution



5 Head injury



6 Infrequent social contact



7 Less education



# 12 dementia risk factors

8 Obesity



9 Hypertension



10 Diabetes



11 Depression



12 Hearing impairment



Source: Livingston et al. A, et al. Dementia prevention, intervention, and care: 2020 report of the Lancet Commission

[www.alzint.org](http://www.alzint.org)